

# A Walk in Nature with Lizbeth

## Foraging worksheet

Common name(s): \_\_\_\_\_

Botanical (Latin) names: \_\_\_\_\_

Where it grows: \_\_\_\_\_

Size \_\_\_\_\_

Parts harvested: \_\_\_\_\_

Uses: \_\_\_\_\_

Thoughts, impressions & other information: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Sketch what you found:

leaves	flower	stem